Salads and Sandwiches

Customers are welcome to self-serve from a wide variety of fresh products at the salad bar and bread selection in-store. Prices are then determined by weight at the cash register.

*Fresh salad options available daily:*

- Fruit salad
- Caesar salad
- Seafood salad
- Chinese stir-fry salad
- Fruity cous cous salad
- Lentil cous cous salad

- Italian pasta salad
- Soy & cannellini bean salad
- Wild rice & chickpea salad
- Creamy noodle salad
- Australian potato salad
- Greek salad

*Sandwich bar options include:*

- Double smoked ham
- Baked chicken breast
- Pastrami
- Silverside
- Danish salami
- Turkey breast
- Prosciutto
- Tuna and salmon

- Garden salad favourites
- Tasty, swiss & cottage cheese
- Pineapples slices
- Asparagus and olives
- Sundried capsicum and tomatoes
- Beetroot
- Avocado
- Boiled eggs
Items are currently charged at:

$17.50 per KILOGRAM*
*May be subject to change, depending on costs of quality produce

Hot Food

Schnitzel roll (pay be weight)
Chip – cup $2.20
Various pies $3.00
Sausage Roll $2.20

Hot Pasta Dishes
Fresh pasta dishes made daily:

Small : $3.75
Medium : $4.85
Large : $5.95

Shell pasta with prawns
Spaghetti Norma
Linguini
Lasagne slice $5.95
Cannelloni $5.95

Snacks

Fresh fruit pieces $1.50
Nutritious snack bars $2.40
Fresh muffins $3.20
Daily fresh cake slices $3.20

Come in-store for a wide range of:

Asian snacks and bowl options
A selection of ice-creams
Lollies and chocolates to suit every need
A huge range of crisps
Coca-Cola, Schweppes and juice products
Hot drinks also available