What's On: Week 12

WEEK 12

PROMOS

MORNING RUSH

Look out for Rush at building 67 and their new teaser rolls!!

Grab one for $3 or two for $5 and tempt the taste buds with these delicious ham and chicken mini rolls.

Exclusive to Rush 1, for a limited time only. Follow UniCentre on Facebook to stay in the know with all weekly deals and promos!

WHAT'S NEW

CHRISTMAS CATALOGUE

The unishop catalogue is out this October 21 with huge savings in store!

END OF CATALOGUE
With everything from Stephen King to stationary to food deals to UOW gear, the catalogue has all the latest and greatest at cheap prices for you to get those stockings stuffed and ready.

unishop... we've got it!

**FREEDOM @ UOW**

No proxies, no quotas!

A new initiative from ITS, Freedom @UOW is a wireless internet trial that will run through until November 30th and is available to both staff and students.

By joining the Freedom@UOW wireless network with a your UOW username & password, you can access many University services, and most importantly the Internet without proxies or border controls using any mobile device.

Let us know your thoughts, the good and the bad online.

**PARTIES & ENTERTAINMENT**

**UNIBAR GIGS**

Thursday October 24, get down to UniBar for the anticipated performance from Owl Eyes!

Following the debut of her debut album Nightswim, Owl Eyes is coming to UniBar as a part of her Nightbeats tour, supported by Willow Beats, This Mess and Jack R Reilly.

The fun doesn't stop there though... get prepared for stilt walkers, scary costumes, fire performers and tequila at the End of Session Halloween Party! Yes that's right, an outdoor tequila bar and halloween games to finish the session in style October 31.

But we can’t forget about exams... and the HUGE party UniBar is throwing to celebrate! Featuring one of Australia's hottest bands, The Preatures and cheap drinks all night, what better way to chill and embrace the summer holidays!

For all upcoming gigs and parties, check out UniBar on Facebook.
CSE RECRUITING FOR 2014

Looking for mad skills or feel like you can contribute more to your community?

There are plenty of opportunities available within the CSE team for student leaders in 2014. You could be; on the planning team for O-Week, helping organise student leadership programs, taking new students on tours of the Gong, mentoring high school students and heaps more.

E-mail cse_unicentre@uow.edu.au for more info.

TRAIN TIMETABLE CHANGES

The train timetable is changing from 20 October 2013 which will significantly alter the times trains stop at North Wollongong station.

You can check out the new timetable online. If you currently use the train or wish to use it in future, please help us by answering a short survey and identifying any problems you may have with the new timetable.

THE GOOD LIFE SERIES

Do you have questions about visas or immigration? Are you feeling stressed about your upcoming exams or life in general? Next week’s free workshops will help you with both of these questions:

- **Visas and Immigration** (Tues 22 Oct): 12:30 – 2:30pm
- **Keep Calm and Carry On** (Thurs 24 Oct): 12:30 – 1:30pm

Workshops are facilitated in the CSE Meeting Rooms, Building 11. Lunch provided – first in, first served (or feel free to bring your own).

CAN YOU BE HAPPIER?

It might not be the question you ask yourself every day, but here it is: **Can you be happier?**

There are proven ways to improve satisfaction with your life and this workshop will help you to put in place a plan around practical options that suit your personality.

At this workshop you will learn to make simple changes that will turn an activity that makes you happy into a habit – a habit that improves your quality of life.
improves your quality of life.

- **Date:** TUES 22 OCT, 2013.
- **Time:** 2:30pm.
- **Venue:** UOW WELLBEING CENTRE, BUILDING 11.

FREE healthy nibbles for afternoon tea too! More information on Facebook.

**MOBILE BLOOD SERVICE**

1 in 3 people will need blood in their lifetime, but only 1 in 30 donate.

The mobile blood service will be at the sports hub, (Building 9) 29 October - 1 November. Please call 13 14 95 to reserve your appointment or visit their [webpage](#).

**APESMA**

The Association of Proffesional Engineers, Scientists and Managers of Australia (APESMA) are hosting a free presentation on campus for science students.

- **Date:** Tuesday 22 October, 2013.
- **Time:** 12:30pm - 1:30pm.
- **Venue:** Building 24, Room 203

APESMA will talk to you about the transition from university to full time employment providing you with information about employment prospects. Register [online](#).

**FOOD SWAP**

The UOW Food Swap is on Thursday 24th October. Bring your home grown produce for some old fashioned bartering on the McKinnon Lawn. Swap will start at 12.30pm.