What's On: Week 5

CAN YOU SEE OUR PHOTOS?
Add us to your safe senders list so we can look pretty! :)

WIN AN IPAD MINI OR HOLIDAY

This is your LAST chance to win an iPad mini or $1000 holiday!

Just submit your feedback on UniCentre's food and retail outlets by the 30 August and you'll go in the draw!

It only takes 5 mins and your feedback will help us improve the food and retail service on campus.

Go to our online survey. It's that simple.

MEAL DEAL
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Looking for something warm and hearty?

Well UniBar has chicken snitty's, but that's not all.

For just $8.90 you can grab a chicken schnitzel, a greek/caesar/garden salad, chips and a middy of soft drink.

Or maybe be cheeky and upgrade to a schooner.

WHAT'S NEW

ELECTIONS - VOTING OPEN

Voting begins 9.00am Monday 26 August for the UniCentre Board of Directors and closes at 12 noon Friday 30 August 2013.

Make your voice heard and have a say in who will join the UniCentre Board of Directors.

You can view the full list of candidates here.

LUNCH ON THE LAWN GOES GLOBAL

Monday is the start of UOW goes global!

Here's what's coming up:

- Africa, 4 September - Hand Drumming Performance & workshop and Ethiopian food from Scarf.
- Europe, 5 September - Beatles Magic Cover Band and Dutch Pancakes.

You can find us on the Duck Pond Lawn from 12:00 - 1:30 pm.

View our website for full details.

FATHERS DAY @ UNISHOP

At Unishop & Uni Post Office, we are getting excited for Father's Day!

We've got special Dad bags, which include:

- Batch 37 Liquorice (300g)
- Milk Rocklea Road (145g)
- BB's Orange Chocolate Balls (200g)
- Milk Choc Liquorice Bullets (200g)
- Milk Choc Scorched Almonds (110g)
- Chocolate Peanut Brittle Bar (45g)

Dad's bags cost $25 but that's not all.

If you buy a Simsons Father's Day greeting card, you'll be supporting the Australian Prostate Cancer Foundation!

Father's day is 1 September, so get in quick!
S4S LEADERSHIP

The S4S leadership conference is back with registrations now open!

This year out theme is the challenge for change, and we are raising money for the Oak tree foundation.

View the website for full details.

PARTIES & ENTERTAINMENT

UNIBAR - JOSH PYKE

He's nearly here!

Coming off his sell out national Fans First tour earlier this year, hear the beautiful tunes of Josh Pyke’s new album, The Beginning and End of Everything along with some old faves.

Catch Josh Pyke tomorrow night from 8, with supporting bands Olympia and Patrick James to enjoy a brilliant Saturday night!

Visit UniBar on Facebook for a full list of upcoming gigs, including not to be missed Matt Corby and Jinja Safari.

BAND COMP WINNER

Congratulations to Band Comp winners Dlinkwnt!

They put on an amazing performance last night to move through to the National Campus Band Comp Regional Final at UNSW.

Not only do they move onto the final, but they’ve won a $3000 recording, video and photo shoot package with Main Street Studios.

2nd place went to Hot Coffee who took home a Laww Media package worth $2000, and 3rd place went to Go Away, Everyone who received a Haworth Shell harbour/Wollongong music store voucher worth $1000.

Thanks to everyone who took part in the competition and good luck to Dlinkwnt for the regional finals at UNSW!

NEED TO KNOW

ART FEST + FILM FEST

The National Campus Art Prize is the premier tertiary art competition in Australia.

It attempts to draw out hidden talents that may remain unknown and focuses on participation rather than elitism, meaning the
competition is open and encouraged to any student with or without an art background.

If you're interested in submitting an artwork or film, you can get the full details of the competition [here].

Entries close August 30 so this is your last chance!

**FACES & PLACES**

Entries are nearly closed for Faces & Places Photography competition!

The competition is open to UOW students and staff with 3 categories: Faces of the World, Amazing Places and the Peoples Choice Award (voted on Facebook).

Winners of each category will win the following prize:

- **Faces Winner:** Double Pass Sydney Harbour Bridge Climb worth $500.
- **Places Winner:** $500 STA Travel Voucher.
- **People's Choice Award:** Tandem Hang glide experience worth $25.

Entries close 30 August. Winners will be announced 5 September. Visit [UniCentre](https://www.uow.edu.au/unicentre) for more details.

**BOOST - WEEKEND WARRIOR**

Get your protein hit!

The Weekend Warrior packs a punch, full of banana, blueberries, honey, oats, coconut water, whey protein, chia and ice.

Plus, if you swipe your registered V.I.B.E card when you purchase a weekend warrior, you go in the running to WIN the ultimate warrior adventure for yourself and three mates to New Zealand’s South Island!

Visit [BOOST](https://www.uow.edu.au/boost) online for more info.

**Q&A: UOW STYLE**

UOW’s top management will be put on the spot when they answer your questions in the upcoming Q&A forum on the McKinnon Lawn (67 Foyer if wet weather) on Wednesday 11 September from 12:30-1:30pm.

The panel:

- Paul Wellings, Vice Chancellor.
- John Patterson: Senior Deputy Vice Chancellor.
- Megan Huisman, Academic Registrar.
- Eeva Leinonen, Deputy Vice Chancellor (Education).
- Joe Chicaro, Deputy Vice Chancellor (International).
Submit your question online, or come along on the day and ask via the roving mic. There will be free food, entertainment, bean bags, and answers to your questions about the future of UOW.

GOOD LIFE SERIES - FREE WORKSHOPS

Do you feel like enhancing your networking skills? Or are you looking to start a new club/society on campus?

We’ve pulled together some interesting people to present next week’s Good Life Series workshops to help you:

- The Art of Networking (Part 2) – Mon 26 Aug.
- Starting your own Club on Campus - Thur 29 Aug.

These workshops will be happening from 12:30 – 1:30pm in the CSE Meeting Rooms, Building 11, Level 1 (above Rush 2) – Free light lunch (first in first served).

NETWORKING AFTER 5

Employers now say networking is a skill you need to get a great job.

Make contacts at Networking After 5 on September 5.

Register today.

ROCKING THE REFUGEE BOAT

Here is your chance to some real answers.

We are bringing together politicians, activists, community agencies and refugees to break open the issues surrounding Refugees and Asylum Seekers.

Come and meet our panellists, experience their journey, explore government policies and ask your questions.

For more information, please contact: James Arlblaster – youth@svdpwgong.org.au.

ARE YOU FIT ENOUGH?

Want to see where you really rank when it comes to your aerobic fitness?

Come and test it out with UOW Wellbeing on Tuesday to find out and pick up some tips for how you can boost your exercise time!

For more information visit our Facebook.

BEAT THE BURNOUT

Remember that time of semester when the library became your second home and coffee your best friend?

Come along to pick up some tips, tricks and tools to avoid the dreaded mid-session burnout and maintain some life balance when
dreaded mid-session burnout and maintain some life balance when stresses run high!

Find out how UOW Wellbeing can support you through both the highs and lows of uni life!

View our Facebook for more information.

**URAC'S 6TH ANNUAL MONSTER FITNESS**

Join URAC for a morning of fun & fitness for a cause!


5 great reasons why you should go...

1. 90 minutes of exercise to get your blood pumping.
2. Sample some Group X classes that you may not have tried before.
3. There will be a healthy morning tea after the class.
4. Prizes!
5. It will only cost you a gold coin donation PLUS all money raised will go the Cancer Council NSW!

Saturday 24 August 2013, 9.30am - 11.00am URAC Building 13.

View the brochure for more information.

**DEFENCE FORCE RECRUITING**

Defence Force Recruiting is hosting an information session on campus for engineering students. Hear first hand about university sponsorship opportunities and careers within the Australian Defence Force.

When: Wednesday 4th September 2013.
Where: SMART Building, Room 6-102.
Time: 12.30pm – 1.30pm.

Register here.